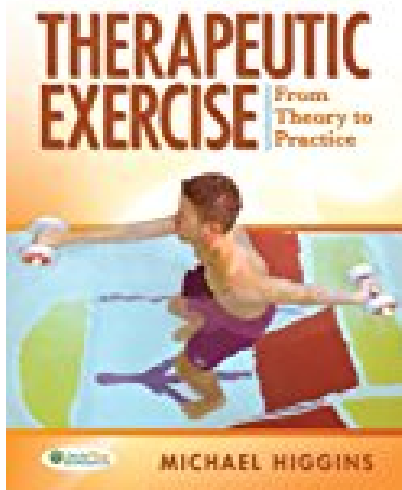


Therapeutic Exercise From Theory to Practice



BOOK DETAILS

- Author : Michael Higgins PhD ATC PT CSCS
- Pages : 800 Pages
- Publisher : F.A. Davis Company
- Language : English
- ISBN : 0803613644



BOOK SYNOPSIS

Here's the text that builds a strong foundation in the science of sports medicine, and teaches you to apply that knowledge to the planning, development, and implementation of therapeutic exercise programs for specific dysfunctions for all joints of the body. You'll begin with an introduction to the science behind rehabilitation and the application of specific techniques. Then, for each joint, guided decision-making, chapter-specific case studies, lab activities and skill performance help you meet all of the competencies for therapeutic exercise required by the NATA.

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